

12.00 – 12.30 Registration

12.30 – 13.45 Round Table

Physical examination - clinical, laboratory & arthroscopic correlations

Chairmen: S. Papastergiou – A. Tokis

Ankle

D. Chantziemanouil

Hip

A. Tzaveas

Shoulder

G. Tsikouris

Knee-ligaments

G. Basdekis

Knee -meniscal cartilage

G. Gabriilidis

13.45 – 17.00 Workshop for Chondral lesions management

17.00 – 17.30 Coffee Break

17.30 – 18.30 Free Papers

18.30 – 19.30 Round Table

Anatomy & Imaging

Chairmen: V. Vragalas – G. Tsikouris

Compositional imaging of knee cartilage:
applications in clinical practice and research

M. Vlychou

Surgical anatomy of PCL and posterolateral corner

K. Natsis

Arthroscopic anatomy of the knee

A. Tiletzoglou

Arthroscopic anatomy of the shoulder

A. Tokis

19.30 – 20.30 Opening Ceremony

8.45 – 9.45 Free Papers

9.45–11.15 Round Table

Knee - Meniscus

Chairmen: M. Iosifidis - K. Samaras

Return to activities after meniscectomy

A. Tsarouhas

Untimely Loss of the Meniscus

H. Pinar

Approach of the lateral meniscus

E. Papadakou

Meniscus sutures

D. Saris

New evidence in meniscal repair

V. Vragalas

Meniscal Repair to Transplantation

G. Karaliotas

11.15–11.45 Coffee Break

11.45 – 13.15 Round Table

Shoulder - Instability

Chairmen: C.Giannakopoulos – E. Fandridis

Return to sports after instability surgery of the shoulder

P. Papadopoulos

Internal impingement

I. Ditsios

Arthroscopic fixation of glenoid fractures

G. Karachalios

Bone defects in shoulder instability

D. Alexakis

Indications and surgical techniques of open reconstruction in anterior instability of the shoulder

A. Panagopoulos

Posterior shoulder instability

M. Karahan

13.15 – 14.15 Surgical demonstrations on Cadavers

Moderators: S. Plessas – C. Sinopidis

Posterolateral corner reconstruction

N. Piskopakis - I. Gliatis

Latarjet procedure

M. Hantes – P. Papadopoulos

14.15 – 14.45 Light Lunch

14.45 – 16.15 Round Table

Sports Medicine

Chairmen: D. Karataglis – A. Papoutsidakis

Gait analysis after ACL reconstruction

I. Giakas

Hamstring injuries classification: does it matter?

N. Maliaropoulos

The role of ergometer test in sports injuries prevention or recurrence

G. Ziogas

Treatment of Tendinosis. New evidence

I. Terzidis

Stress Fractures. Clinical diagnosis and treatment

E. Papakostas

Overuse syndromes/injuries

I. Triantafillopoulos

16.15 – 17.15 Free Papers

17.15 – 17.45 Coffee Break

17.45 – 18.15 Lecture

Chairman: M. Hantes

50 years of cartilage research in Pittsburgh

F. Fu

18.15 – 19.30 Round Table

Cartilage

Chairmen: M. Brittberg - E. Papakostas

Cartilage repair and joint homeostasis,

D. Saris

Managing co-morbidities in patients with articular cartilage injuries

M. Brittberg

Decision making in Chondral Lesions treatment

M. Iosifidis

Osteochondral autograft transplantation

D. Koulalis

Autologous Matrix-Induced Chondrogenesis-AMIC

V. Chouliaras

8.45 – 9.45 Round Table

Knee – Patellofemoral joint

Chairmen: N. Roidis – K. Kateros

Anatomy of patellofemoral joint

N. Koukoulas

Medial patellofemoral Ligament (MPFL) reconstruction

R. Siebold

The role of ACL in the patellofemoral joint

M. Brittberg

Arthritis management of patellofemoral joint

M. Tzourbakis

9.45 – 11.00 Round Table

Knee – Anterior Cruciate Ligament (ACL)

Chairmen: A. Mitsou – I. Gliatis

Individualized Anterior Cruciate Ligament Surgery A Prospective Study Comparing Anatomic Single- and Double-Bundle Reconstruction,

H. Mohsen

Opposing Discussions on Current Status of Anterior Cruciate ligament Reconstruction

H. Pinar

ACL reconstruction using far anteromedial portal

D. Tsoukas

ACL reconstruction with flexible reamers,

G. Kouvidis

Causes of failure after ACL reconstruction

N. Piskopakis

PCL index as an indicator for anatomic ACL reconstruction

A. Georgoulis

11.00 – 11.30 Honorary Lecture

Chairman: A. Georgoulis

30 years of ACL surgery

F. Fu

11.30 – 12.00 Coffee Break

12.00 - 13.00 Awarded Nominated Free Papers

Chairmen: M. Hantes – N. Roidis

13.00 – 14.00 Live Surgery

Moderators: F. Fu – P. Nikolaou

Medial patellofemoral Ligament (MPFL) reconstruction

R. Siebold

14.00 – 14.30 Light Lunch

14.30 – 16.00 Round Table

Shoulder - Rotator Cuff

Chairmen: A. Castagna – P. Papadopoulos

Natural history of rotator cuff disease

E. Chronopoulos

Cuff injuries in contact sports athletes

D. Karataglis

Lesions of the interval and subscapularis tears

C. Sinopidis

Partial repair of irreparable supraspinatus tendon tears: clinical and radiographic evaluation at long term follow up

A. Castagna

Massive rotator cuff tears repair techniques

E. Antonogiannakis

The long head of biceps as a source of pain in active population: tenotomy or tenodesis? A comparison of 2 case series with isolated lesions

A. Castagna

16.00 – 17.00 Free Papers

17.00 – 17.30 Coffee Break

17.30 – 18.30 Round Table

Knee – ACL

Chairmen: A. Georgoulis – I. Disios

ACL in skeletally immature patients

P. Nikolaou

ACL lesions in high level soccer players

J. Espregueira-Mendes

Anatomical ACL reconstruction

R. Siebold

ACL revision: indications, technique and results

C. Bait

Anatomic Double Bundle ACL reconstruction in Athletes: evaluation with 3D CT and gait analysis

M. Hantes

18.30 – 20.00 General Assembly

9.00 – 10.00 Round Table

Ankle

Chairmen: K. Karliftis – C. Bikos

Stress fractures of the foot in the athletes

P. Symeonidis

Management of osteochondral talar lesions

E. Stamatis

Anatomic reconstruction of ankle instability

M. Karahan

Arthroscopic management of soft and bone impingement of the ankle

A. Karagiannis

10.00–11.00 Round Table

Hip

Chairmen: M. Schoefer – T. Karahalios

Femoroacetabular impingement syndrome: Diagnosis and Treatment

C. Giannakopoulos

Hip arthroscopy for femoroacetabular impingement: Technique and results

M. Schoefer

Implications of arthroscopic hip surgery

A. Papavasiliou

Hip arthroscopy: Techniques and results after cartilage treatment

M. Schoefer

11.00 – 11.30 Coffee Break

11.30 – 12.00 Lecture

Chairman: N. Piskopakis

Innovation in Sports Medicine- Is the Latest Always the Greatest

F. Fu

12.00 – 13.30 Round Table

Knee - PCL

Chairmen: J. Espregueira-Mendes – D. Mastrokalos

PCL reconstruction treatment algorithm

I. Gliatis

PCL and associated lesions reconstruction: indications and technical solutions

C. Bait

Bone lesions and multi ligament instability

S. Plessas

PCL reconstruction: personal experience

A. Mitsou

The skier's knee
A. Zaharopoulos

13.30 – 15.00 Round Table

Cartilage

Chairmen: D. Koulalis - S. Alevrogiannis

Autologous chondral transplantation technique and indications
D. Mastrokalos

Autologous chondrocyte implantation in clinical use
C. Vasiliadis

Treatment of Osteochondritis dissecans
A. Ververidis

Management of knee cartilage lesions with Mosaicplasty: Still an option in 2013?
J. Espregueira-Mendes

The role of regenerative medicine for chondral and osteochondral lesions
P. Valianatos

The role of knee osteotomy, new evidence
N. Roidis

15.00 – 15.30 Closing Remarks